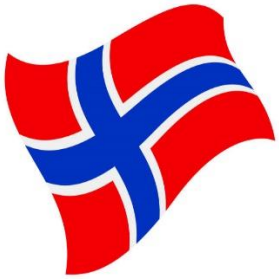
Sibbertoft Manor	# September 2026					Maybe subject to change Week 3
Tegan **Monday 14th**	**Gabi** **Tuesday 15th**	**Tegan** **Wednesday 16th**	**Dot + Gabi** **Thursday 17th**	**Tegan** **Friday 18th**	**Dot** **Saturday 19th**	**Tegan** **Sunday 20th**
11:00 – Armchair Exercises 2:30 – Hair and Beauty with Tegan 	10:30 – Quotes, Proverbs and Old Wives' Tales 2:30 – Poetry Afternoon 	11:00 – Holy Communion Service **@The Manor** 2:30 – Creative Colouring! 	10:30 – Quiz with Dot 2:30 – Virtual Trip to **Norway** with Jessica 	11:00 – Fun + Fitness with Tom 2:30 – **Elvis, Buddy Holly and The Beetles** Music Afternoon 	10:30 – Quiz with Dot *Enjoy Your Afternoon* 	11:00 – Lounge Games and Puzzles 2:30 – Twycross Florist