Sibbertoft Manor	August 2026					Maybe subject to change Week 2
Tegan **Monday 10th**	**Tegan** **Tuesday 11th**	**Tegan** **Wednesday 12th**	**Dot + Tegan** **Thursday 13th**	**Carers** **Friday 14th**	**Dot** **Saturday 15th**	**Carers** **Sunday 16th**
11:00 – Armchair Exercises with Alex! 2:30 – CELEBRATE **Edinburgh Festival** 	11:00 – Boogie Beatz Dance Chair Exercise 2:30 – Gav Singing 	**ALL DAY HAIRDRESSER** with **Amber** **ALL DAY BEAUTY TREATMENTS** with **Tegan** 	10:30 – Quiz with Dot 2:30 – Thistle Tassel Wool Craft 	11:00 - Edinburgh Themed Colouring! 2:30 – **Poetry** and **Storytelling** with Alison 	10:30 – Quiz with Dot *Enjoy Your Afternoon* 	10:00 - Chiropodist *Enjoy Your Morning* 2:30 – Jon Spinner; Musician