

Sibbertoft
Manor

March 2026

Maybe subject to
change
Week 2

Carers Monday 9th	Gabi Tuesday 10th	Gabi Wednesday 11th	Gabi Thursday 12th	Dot + Carers Friday 13th	Gabi Saturday 14th	Carers Sunday 15th
<p>11:00 – Armchair Exercises with Alex!</p>  <p>2:30 – Favourite Drama or Documentary</p> 	<p>ALL DAY HAIRDRESSER 11:00 – Boogie Beatz Dance Chair Exercise</p>  <p>2:30 – 1:1 Menu Reviews</p> 	<p>11:00 - Egg Arrival and Information Session</p>  <p>2:30 - Kyle Singing</p> 	<p>10:30 – Gabi + Tammy</p>  <p>Wordsearch Challenges</p>  <p>2:30 - Gardening Club</p> 	<p>10:30 – Quiz with Dot</p>  <p>2:30 – Take a Carer for a Walk!</p> 	<p>10:30 – Quiz with Dot</p>  <p> <i>Enjoy Your Afternoon</i></p> 	<p>11:00 – Morning Walks in the Garden</p>  <p>2:30 – Freestyle Colouring + Drawing</p> 