

Sibbertoft Manor

February 2026

Maybe subject to change
Week 2

Tegan
Monday 9th

11:00 –
Armchair Exercises with Alex!



2:30 –
Anyone for Scalextric?



Gabi + Tegan
Tuesday 10th

ALL DAY
HAIRDRESSER
11:00 -
Boogie Beatz
Dance Chair Exercise



2:30 –
Knitting and Nattering



Gabi + Tegan
Wednesday 11th

11:00 -
Church Service @ the Manor



2:30 -
Valentine's History and Crafts



Gabi + Tegan
Thursday 12th

10:30 –
Quiz with Dot



2:30 –
Gabi + Tegan

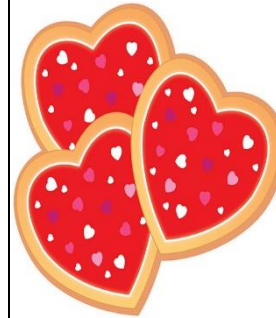


Mindfulness Colouring



Gabi
Friday 13th

10:30 -
Valentine's Baking



2:30 -
Duo 2 Singers



Dot
Saturday 14th

10:30 –
Quiz with Dot



Enjoy Your Afternoon!



Sunday 15th



Enjoy Your Morning!



2:30 –
Twycross Florist

