

Sibbertoft Manor	<u>October 2024</u>					<a href="#">Maybe subject to change</a> Week 3
<b>Tegan</b> Monday 14th	<b>Gabi</b> Tuesday 15th	<b>Gabi + Tegan</b> Wednesday 16th	<b>Gabi + Dot</b> Thursday 17th	<b>Gabi + Tegan</b> Friday 18th	<b>Dot</b> Saturday 19th	<b>Tegan</b> Sunday 20th
<p>11:00 – Armchair exercises and games</p>  <p>2:30 – Documentary Time</p> 	<p>10:30 –</p> <p><b>NEW</b></p> <p><b>Meals, Menus and Mingling</b></p> <p><b>NEW</b></p> <p>2:30 – Lucia's tiny animal farm</p> 	<p>All day – <u>Hairdresser/Reflexology</u></p>  <p>11:00 – Tegan's beauty treatments</p>  <p>2:30 - Gabi + Tegan</p>  <p>Puzzles and quizzes</p> 	<p>10:30 – Quiz with Dot</p>  <p>2:30 – Time to talk</p> 	<p>11:00 – Meet the therapy dogs</p>  <p>2:30 – Music and Poetry</p> 	<p>10:30 – Quiz with Dot</p>   <p>Enjoy your afternoon!</p> 	<p>11:00 - Morning Walks</p>  <p>2:30 – Cats Pyjamas – Musical Theatre</p> 