

Sibbertoft  
Manor

# August / September 2024

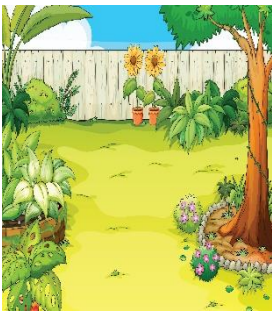
Maybe subject  
to change  
Week 5

**Tegan**  
Monday 26th

11:00 –  
Lounge  
Games and  
jigsaws



2:30 –  
Afternoon  
Walks



**Tegan**  
Tuesday 27th

11:00 –  
Boogie  
Beatz dance  
chair  
exercise!



2:30 –  
Painting,  
drawing and  
colouring

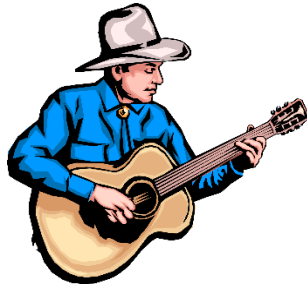


**Tegan**  
Wednesday 28th

All day –  
Hairdresser /  
Reflexology



2:30 –  
Bob Oakley –  
Country  
Singer

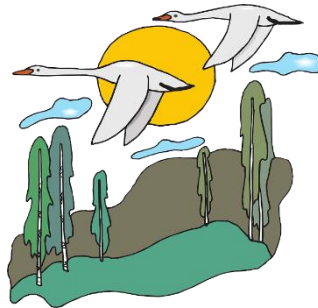


**Tegan**  
Thursday 29th

10:30 –  
Quiz with Dot



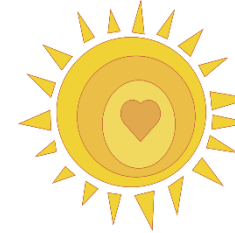
2:30 -  
Nature  
Documantary



**Gabi Holiday**  
Friday 30th



Enjoy your  
morning!



Enjoy your  
afternoon!



**Dot**  
Saturday 31st

10:30 –  
Quiz with  
Dot



Enjoy your  
afternoon!



Sunday 1st



Enjoy  
your  
morning!



Enjoy  
your  
afternoon

