

Sibbertoft Manor

August 2024

Maybe subject to change
Week 2

Tegan
Monday 5th

11:00 –
Armchair
exercises
and games



2:30 –
Garden
Walks



Gabi
Tuesday 6th

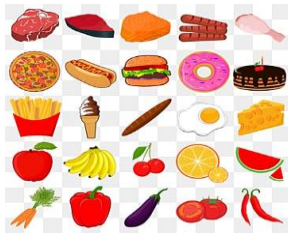
11:00 –
Boogie
Beatz with
Hannah!



All day –



**Meals,
Menus and
Mingling**



Gabi + Tegan
Wednesday 7th

All day –
Reflexology
11:00 –
Holy
Communion
service



2:30 –
Gabi + Tegan



Mindfulness
colouring



Gabi
Thursday 8th

10:30 –
Quiz with
Dot



2:30 –
Big Screen
games



Gabi + Tegan
Friday 9th

10:30 –
Salt dough
creations



2:30 –
Gathering in
the Garden!

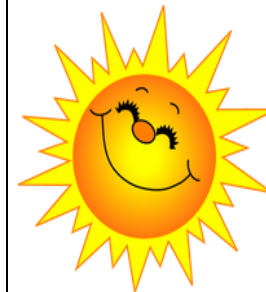


Dot
Saturday 10th

10:30 –
Quiz with
Dot

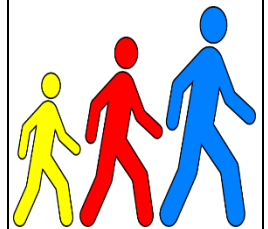


Enjoy your
afternoon!



Tegan
Sunday 11th

11:00 –
Morning
Walks



2:30 –
Twycross
Florist

