

Sibbertoft Manor

July 2024

Maybe subject to change
Week 3

Gabi + Tegan
Monday 15th

Tegan
Tuesday 16th

Gabi + Tegan
Wednesday 17th

Gabi + Tegan
Thursday 18th

Gabi
Friday 19th

Dot
Saturday 20th

Sunday 21st

All day –



**Meals,
Menus and
Mingling**



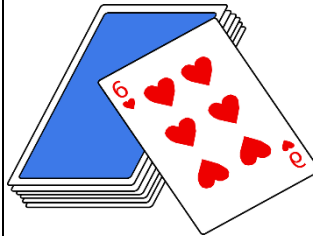
11:00 –
Armchair
exercises
and games



2:30 –
Garden
Walks



All day –
Hairdresser /
Reflexology
10:30 –
Card Games



2:30 -
Gabi + Tegan
Mindfulness
Colouring



10:30 –
Quiz with
Dot



2:30 –
3 In Accord –
Singing Trio!



10:30 –
Art and
Crafts



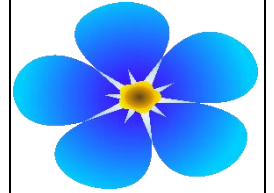
2:30 –
Gathering in
the Garden!



10:30 –
Quiz with
Dot



Enjoy your
afternoon!



Enjoy
your
morning!



2:30pm –
Twycross
Florist

