Sibbertoft Manor	June 2024					Maybe subject to change Week 2
Tegan Monday 10th	Gabi Tuesday 11th	Gabi + Tegan Wednesday 12th	Gabi Thursday 13th	Tegan Friday 14th	Dot Saturday 15th	Tegan Sunday 16th
11:00 -	11:00 -	<u>All day –</u>	<u>All day –</u>	11:00 -	10:30 -	11:00 -
Lounge	Boogie	<u>Chiropodist</u>	<u>Chiropodist</u>	Painting,	Quiz with	Morning
games	Beatz dance	11:00 -	10:30 –	drawing and	Dot	walks
	chair exercise	Shared Poetry  2:30 -	Quiz with Dot	colouring		2:30 -
2:30 - Garden walks	All day – Meals, Menus and Mingling	Kyle Singing!	2:30 – Yoga and relaxation	2:30 – Chatter on the patio!	Enjoy your afternoon!	Film on Sunday!