



May 2024

[Maybe subject to change](#)
Week 1

<u>Sibbertoft Manor</u>						Maybe subject to change Week 1
Tegan Monday 6th	Gabi + Tegan Tuesday 7th	Gabi + Tegan Wednesday 8th	Gabi + Tegan Thursday 9th	Gabi Friday 10th	Dot Saturday 11th	Sunday 12th
<p>11:00 – Armchair exercises with Tegan!</p>  <p>2:30 – Afternoon Walks</p> 	<p><u>All day –</u> Meals, Menus and Mingling</p>  <p>2:30 - Gabi + Tegan</p>  <p>Wordsearch Challenges!</p> 	<p><u>All day –</u> <u>Hairdresser</u></p>  <p>2:30 - 'Time for a Cuppa' (Dementia UK Campaign)</p> 	<p>10:30 – Quiz with Dot</p>  <p>2:30 – Swedish themed activities</p> 	<p>10:30 – ARMCHAIR TRAVEL to <u>Sweden</u></p>  <p>2:30 – <u>Virtual Visit to Sweden</u></p> 	<p>10:30 – Quiz with Dot</p>  <p><u>Enjoy your afternoon!</u></p> 	 <p style="text-align: center;"><u>Enjoy your morning!</u></p>  <p>2:30 – Twycross Florist</p> 