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Quarterly Newsletter

“Never yet was a springtime, when the buds forgot to bloom” - Margaret Sangster

It is with impatience for this most wonderful season that we wait and watch as the evenings draw out and the gardens begin to spring to life. Cold winter winds are making way for bursts of warm Spring sunshine and the birds welcome the changes with their joyful songs. Our grounds are filled with hosts of daffodils, bright bursts of colourful crocuses and a sense of anticipation for the coming months.



Office news...

Our Director Tom, and Registered Manager Paula, have now been joined on the management team by Karen who is our new Deputy Manager. Along with our Accounts Manager, Holly and the Office Manager, Vicki they ensure that the home is run in a professional and productive way. They are an amazing team who have a diverse skill set that supports residents and staff alike in creating the very



special environment in which we live and work here at Sibbertoft Manor. New incentives for staff have been introduced and systems and procedures are being streamlined to ensure that everything we do is carried out and documented to the highest standards. The residents remain at the centre of all decisions that are made and the management team continue to provide every opportunity for all of us to contribute our thoughts and ideas.

House news...

A recent review of how archived documentation is stored has led to a major attic renovation undertaken by Vali, our maintenance lead. This is now complete and the office staff, Vicki and Tracey, are in the process of organising and transferring the 7-10 years worth of documentation that we have to legally store from its present

home in the boiler room and cellar to the purpose built storage area in the attic. Once this somewhat arduous task has been completed, current documents can be filed with ease and post-archive records can be easily located and destroyed. This behind-the-scenes activity is of great importance to the smooth running of the home and we thank all those involved for their hard work.

New plans...

We are excited to announce that a planning application for an extension to the Manor will be submitted in the next few weeks, subject to the completion of an environmental impact survey. We hope to be able to proceed with the building in the next 12-18 months. The new building will house an 18 bed secure dementia unit and will be physically linked to the existing house. The two parts of the existing home will then be reassigned as a specific nursing wing and a residential home. We will shortly be sharing the plans with everyone and are excited about our future.

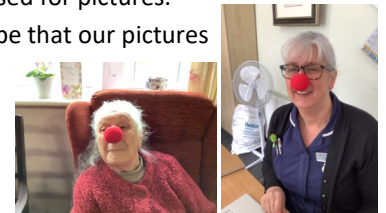
Quarterly Newsletter

Recent Events!

At the start of the year, we decided to freshen up the entertainments program by inviting some new faces into the home. Initially on a trial basis, we have now booked repeat visits from two new entertainers. Bob Oakley is a country singer with a great repertoire and a wonderful sense of humour. Until his performance, we didn't realise we had so many country music fans in residence! Also very popular is Hannah from Boogie Beatz dance chair exercise. She has been bringing sunshine into our home through these dark winter months and given us all a good work-out in the process! We have also welcomed back regular flower arranging sessions with Stephanie from Twycross Florists. All of these sessions are proving extremely popular and compliment our existing bookings with violinist, John Spinner, our wonderful vocalist Kyle and our guest speaker, Roy Smart.



Our residents have also been creating their own entertainment in preparation of support for our next chosen quarterly charity; Comic Relief. Throughout Comic Relief Day on 15th March, residents, family and staff sported a red nose, told jokes and posed for pictures. We had a great day and hope that our pictures posted on social media inspired everyone who saw them to donate to this amazing charity.



Summer Event...

For the past few years, we have hosted our own Garden Party at the start of the summer. This event has always been a great success due to the fantastic support it has received from residents and their families and friends. It is also a chance for the staff (who are not on shift) to enjoy an afternoon of relaxation, BBQ food and sweet treats. This year, we are also lucky enough to welcome an ice-cream van to the party! This has been kindly provided by the family of Neil and Elizabeth, who are no longer with us, in thanks for the wonderful care they both received during their time at Sibbertoft Manor. This year, the Garden Party will take place on **Sunday 23rd June from 2:00pm to 4:30pm**. We will once again welcome Lutterworth Town Band for a performance and will also have the MG car club in attendance. Come rain or shine, we know this summer gathering is one to put in your diary!

SAVE THE DATE!

Sibbertoft Manor will once again be hosting the **SIBBERTOFT VILLAGE FETE** in our beautiful grounds.

SATURDAY 7TH SEPTEMBER

More details to follow ...



Garden Retreat

Here at Sibbertoft Manor, we strive to create an environment filled with happiness where all residents feel valued and supported. We also understand that there will be days of sadness when it is time for loved ones to move on. During these times, family members often want to make the most of precious time together and remain by bedsides. It is with this in mind that we have decided to transform our Garden Retreat into a place where family members can remain here for extended periods of time, knowing there is a private place to rest and reflect. The Retreat is set in the gardens of the Manor and will be fully equipped with a place to sleep, wash and prepare food and drinks. We

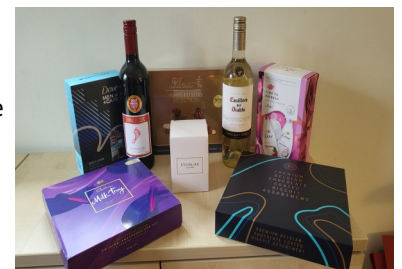


hope that this space will provide some comfort and support for families during an inevitably emotional time.

Quarterly Raffle

Sibbertoft Manor selects a charity to support four times a year. At certain times of year such as Christmas, we usually hold a raffle to raise funds for our chosen cause. A £250 donation is always added to whatever we have raised as a charitable gift from the Sibbertoft Manor business. We have noticed that there are some periods of the year when an extra fundraising event has not taken place which leaves that particular charity with a much smaller donation. To ensure that all of our chosen charities get a similar amount of money, we will now be holding a specific charity raffle every quarter. A picture of the raffle prizes and the name of the charity will be displayed in the foyer and tickets will be available to buy throughout the quarter from the activities staff.

From 1st April we will be raising raffle money for **Comic Relief**. Tickets will be available until the 23rd June. The raffle will be drawn on this date at our summer event. Good luck!



Dates for your Diary

April

1st April - Easter Monday
 2nd April - 2:30pm Market
 Harborough Ukulele Group
 3rd April – 11:00am Holy
 Communion Service
 3rd April - Sue; Reflexology
 Sessions (am)
 7th April – 2:30pm Jon Spinner;
 Musician
 9th April – 11:00am Boogie Beatz
 Dance Chair Exercise with Hannah
 10th April - All Day Hairdresser
 12th April – 2:30pm Kyle singing
 17th April- Sue; Reflexology
 Sessions (am)
 18th April – All Day Chiropodist
 appointments; Michelle
 19th April – All Day Chiropodist
 appointments; Michelle
 23rd April - 2:30pm Lucia’s Tiny
 Farm Visit
 24th April - All Day Hairdresser
 24th April - 2:30pm Bob Oakley;
 Country Singer
 28th April - 2:30pm Twycross
 Florist
 30th April - 11:00am Boogie Beatz
 Dance Chair Exercise with Hannah



Dates for your Diary

May

1st May - May Day
 1st May – Sue; Reflexology
 Sessions (am)
 1st May – 11:00am Holy
 Communion Service
 3rd May – 2:30pm Kyle singing
 5th May – 2:30pm Jon Spinner;
 Musician
 6th May - May Bank Holiday
 8th May - All Day Hairdresser
 14th February - 11:00am
 Boogie Beatz Dance Chair
 Exercise with Hannah
 15th May – Sue; Reflexology
 Sessions (am)
 17th May - 2:30pm 3 In Accord
 Group Singers
 19th May - 2:30pm Cats
 Pyjamas Musical Theatre
 21st May - All Day Chiropodist
 appointments; Christine
 22nd May - All Day Hairdresser
 28th May - 11:00am Boogie
 Beatz Dance Chair Exercise
 with Hannah
 28th May - 2:30pm Market
 Harborough Ukulele Group
 29th May - 2:30pm Bob
 Oakley; Country Singer



Dates for your Diary

June

2nd June - 2:30pm Jon Spinner;
 Musician
 5th June – All Day Hairdresser
 5th June - Sue; Reflexology
 Sessions (am)
 5th June - 11:00am Holy
 Communion Service
 11th June – 11:00am Boogie
 Beatz Dance Chair Exercise with
 Hannah
 12th June – 2:30pm Kyle singing
 19th June – All Day Hairdresser
 19th June - Sue; Reflexology
 Sessions (am)
 23rd June - 2:00 - 4:30pm
SUMMER GARDEN PARTY
EVENT FEATURING
LUTTERWORTH TOWN BAND
 25th June - 11:00am Boogie
 Beatz Dance Chair Exercise with
 Hannah
 26th June - 2:30pm Bob Oakley;
 Country Singer



Sibbertoft Staff and House News

New staff members -

Since our last publication, there have been a number of changes to our staffing structure. As well as the developments in the management team, we have welcomed new staff to a number of different roles within the home. Simi joins us as a senior carer and Bhavna as a carer. We also welcome back, Debbie, who has returned as a carer after a period away. Cecilia has joined the team as a night nurse and Tracey is now supporting Office Manager Vicki as Office Administrator.

New roles have also been introduced which enable staff to demonstrate their leadership and expertise in different areas. Each element of care is now led by a 'Champion' who will guide others and cascade training in their particular area. Team leaders are also being employed in positions of responsibility to ensure that staff are mentored and supported each day.

Kitchen -

It was with sadness that we wished Sandra well in her retirement after many years of being cook here. We gave her a wonderful send-off with gifts, cakes and tears!



The kitchen team, now led by cook Natalia, has been joined by Bronya and Mel. Mel is in the role as kitchen assistant and Bronya will work alongside Natalia as the cook. Our two cooks have changed their shift patterns and now work from 6:00am to 6:00pm. This enables them to devote more time to produce home-made cakes, breads, soups and main meal recipes. It also provides daily continuity in the kitchen which is very important in such a busy environment.

Activities Staff -

The activities team; Gabi, Dot and wellbeing champion Tegan, continue to work hard to deliver activities, provide entertainers and manage events. Recent new entertainment bookings have been well received by residents and regular activity sessions like the weekly quizzes and yoga and relaxation groups are always well attended. Tegan ensures that residents that are unable to join group sessions are also given quality time to enjoy conversation and pampering sessions. Between them, we hope that the activity team successfully supports the wellbeing of all residents here at Sibbertoft Manor.

Upcoming Birthdays!

We look forward to celebrating the upcoming birthdays of; Beryl, Lottie, Brenda, Angela, Barbara, Judith, Rita, Joan, Norma, Brian, Ann and June.

Happy Birthday



Quarterly Charity

For our last fundraising quarter, we supported the RNIB - Royal National Institute of Blind People. We were pleased to be able to donate the sum of £250 to this notable charity organisation.

This quarter, we have decided to support Comic Relief and its many diverse and worthy causes. We have already used our Red Nose Day fun pictures to promote this charity and hope this has encouraged others to contribute. We will be holding a charity raffle at our summer garden party on 23rd June and will encourage ticket sales over the next few months. About the charity...Comic Relief support local community organisations and brilliant change-makers here in the UK and across the globe. Your donations help us fill the shelves of baby banks, community food centres, fund vital community-led services like health workers, local youth safe-spaces, and ensure safe passage for people escaping danger.

To donate directly please go to: www.donation.comicrelief.com