

Sibbertoft Manor	<u>March 2024</u>					<u>Maybe subject to change</u> Week 4
Tegan Monday 25th	Gabi + Tegan Tuesday 26th	Gabi + Tegan Wednesday 27th	Gabi + Tegan Thursday 28th	Gabi Friday 29th	Dot Saturday 30th	Sunday 31st
10:30 – Armchair exercises with Tegan!  2:30 – Time for a documentary 	10:30 – Gardening Club  <u>All day –</u> Meals, Menus and Mingling 	<u>All day –</u> <u>Hairdresser Reflexology</u> 10:30 – Easter baking  2:30 – Bob Oakley – Country music singer 	10:30 – Quiz with Dot  2:30 – Gabi + Tegan  Mindfulness colouring 	<u>GOOD FRIDAY</u> 10:30 – Easter Arts and Crafts  2:30 – Easter Film Friday 	10:30 – Quiz with Dot  Enjoy your afternoon! 	<u>EASTER SUNDAY</u>  <u>HAPPY EASTER!</u> 