

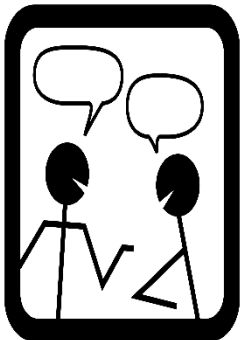










Sibbertoft Manor	<u>March 2024</u>					Maybe subject to change Week 3
Tegan Monday 18th	Gabi and Janine Tuesday 19th	Gabi and Tegan Wednesday 20th	Gabi and Janine Thursday 21st	Gabi and Tegan Friday 22nd	Dot Saturday 23rd	Tegan Sunday 24th
10:30 – Armchair exercises with Tegan  2:30 – Time for a documentary 	<u>All day –</u>  Meals, Menus and Mingling 	10:30 – Easter themed drawing and painting  2:30 - Boogie Beatz Dance with Hannah 	10:30 – Quiz with Dot  2:30 - Yoga and Relaxation 	<u>All day –</u> <u>Chiropodist</u> 10:30 - Coffee, cake and conversation  2:30 – Film Friday 	10:30 – Quiz with Dot  Enjoy your afternoon! 	10:30 – Spring Garden Walks  2:30 - Cats Pyjamas Musical Theatre 