








<u>Sibbertoft Manor</u>	<u>March 2024</u>					<u>Maybe subject to change</u> Week 1
<b>Tegan</b> Monday 4th	<b>Gabi Holiday</b> Tuesday 5th	<b>Tegan</b> Wednesday 6th	<b>Gabi Holiday</b> Thursday 7th	<b>Tegan</b> Friday 8th	<b>Dot</b> Saturday 9th	<b>Tegan</b> Sunday 10th
10:30 – Armchair exercises with and Tegan  2:30 – Time for a documentary 	11:00 – Boogie Beatz Dance with Hannah  Enjoy your afternoon! 	<u>All day –</u> <u>Reflexology</u> 11:00 – Holy Communion at the Manor  2:30 – Activities with Tegan 	10:30 – Quiz with Dot  Enjoy your afternoon! 	<u>All day -</u> Activities with Tegan  2:30 – Film Friday 	10:30 – Quiz with Dot  Enjoy your afternoon! 	<u>All day –</u>  Activities with Tegan 