

Sibbertoft Manor	<u>February 2024</u>					<u>Maybe subject to change</u> Week 3
Tegan Monday 19th	Gabi Tuesday 20th	Gabi + Tegan Wednesday 21st	Gabi Thursday 22nd	Gabi + Tegan Friday 23rd	Dot Saturday 24th	Tegan Sunday 25th
10:30 – Armchair exercises with and Tegan!  2:30 – Time for a documentary 	10:30 – Word games and puzzles  2:30 - Market Harborough Ukulele Group 	<u>All day –</u> <u>Reflexology</u> 11:00 – Church Service  <u>All day –</u> Meals, Menus and Mingling 	10:30 – Quiz with Dot  2:30 – Music afternoon with André Rieu 	10:30 – Coffee, Tea and Chatter!  2:30 – What's in the news? 	10:30 – Quiz with Dot  Enjoy your afternoon! 	<u>All day –</u>  Activites with Tegan 