Sibbertoft Manor	February 2024					Maybe subject to change Week 2
Tegan Monday 12th	Gabi + Tegan Tuesday 13th	Gabi + Tegan Wednesday 14th	Gabi + Tegan Thursday 15th	Gabi Friday 16th	Dot Saturday 17th	Sunday 18th
10:30 -	PANCAKE	<u>All day –</u>	10:30 -	<u>All day –</u>	10:30 -	Have a
Armchair	DAY!	<u>Hairsdresser</u>	Quiz with	<u>Chiropodist</u>	Quiz with	lovely
exercises	10:30 -	10:30 -	Dot	11:00 -	Dot	Sunday!
with and Tegan! 2:30 – Time for a	Making, flipping and eating pancakes! All day –	Arts and Crafts 2:30 – Hymn	2:30 – Gabi + Tegan	What's in the news? NEWS 2:30 - 3 In Acord Singing trio	Enjoy your afternoon!	2:30pm Twycross Florist
documentary	Meals, Menus and Mingling	Practice	Mindfulness colouring MINDFULNESS			