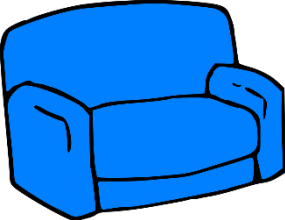
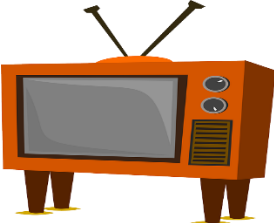














Sibbertoft Manor	January 2024					Maybe subject to change Week 4
Tegan Monday 22nd	Gabi Tuesday 23rd	Gabi + Tegan Wednesday 24th	Gabi Thursday 25th	Gabi + Tegan Friday 26th	Dot Saturday 27th	Tegan Sunday 28th
<p>10:30 – Armchair exercises with and Tegan!</p>  <p>2:30 – Time for a documentary</p> 	<p><u>All day –</u></p>  <p>Meals, Menus and Mingling</p> 	<p>11:00 – <u>Church Service at St Helen's</u></p>  <p>2:00 – Kyle Singing</p> 	<p>10:30 – Quiz with Dot</p>  <p>2:30 – <u>Speaker's Corner</u> – Knitting with Elspeth</p> 	<p>10:30 – Arts and Crafts</p>  <p>2:30 – Film Friday</p>  <p>BB's Mobile Shop</p> 	<p>10:30 – Quiz with Dot</p>  <p>Enjoy your afternoon!</p> 	<p>10:30 –</p>  <p><u>Activities with Tegan</u></p> 