Sibbertoft Manor	November / December 2023					Maybe subject to change Week 4
Tegan + Lucy Monday 27th	Gabi + Lucy Tuesday 28th	Gabi + Tegan Wednesday 29th	Gabi + Lucy Thursday 30th	Gabi + Tegan Friday 1st	Dot Saturday 2nd	Tegan Sunday 3rd
10:30 –	All day -	All day -	10:30 -	10:30 –	10:30 –	All day –
Armchair exercises	Eat FOOD	Hairdresser 10:30 –	Quiz with Dot		Quiz with Dot	Activities
with Lucy and Tegan!	Meals,	Baking Session	??????	CHRISTMAS IS COMING!	??????	with Tegan!
2:30 – Time for a documentary	Menus and Mingling  3:30 –  Musicals sing along	2:30 - Afternoon social – Tea, coffee and treats!	2:30 – Gabi + Lucy Wordsearch challenges!	time to decorate the home.  2:30 — Film Friday!  BB's Mobile Shop	Enjoy your afternoon!	2:15 – John Spinner Musician