



| Sibbertoft Manor | <u>November 2023</u> | | | | | Maybe subject to change Week 2 |
|---|--|---|--|--|---|--|
| Tegan + Lucy Monday 13th | Gabi + Lucy Tuesday 14th | Gabi + Tegan Wednesday 15th | Gabi + Lucy Thursday 16th | Gabi + Tegan Friday 17th | Dot Saturday 18th | Tegan Sunday 19th |
| <u>All day -</u> <u>Chiropodist</u> 10:30 – Armchair exercises with Lucy and Tegan!  2:30 – Time for a documentary  | <u>All day -</u> <u>Chiropodist</u> Meals, Menus and Mingling  2:15 – Yvette singing  | <u>All day -</u> <u>Hairdresser/Reflexology</u> 11:00 – Church service @ St Helen's  2:30 - Baking session  | 10:30 – Quiz with Dot  2:30 – Gabi + Lucy  Quiet colouring  | 10:30 - <u>Children in need day -</u> Art and craft morning  2:30 – Children in need TV tales!  BB's Mobile Shop  | 10:30 – Quiz with Dot  Enjoy your afternoon!  | <u>All day -</u>  Activities with Tegan!  |