

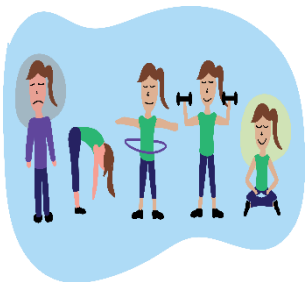
Sibbertoft
Manor

September 2023

Maybe subject
to change
Week 3

Monday 18th

10:30 –
All day -
Chiropodist
Multi sports
with Nic



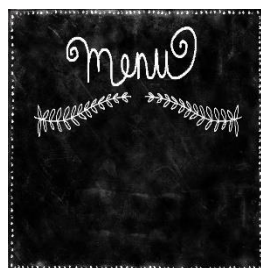
2:30 –
What's in the
documentary



Nic off

Tuesday 19th

10:30 –
All day -
Chiropodist



Meals,
Menus and
Mingling



Wednesday 20th

10:30 –
All day -
Hairdresser

11:00 -
Church
Service at St
Helen's



2:30 –
Tea, Cake
and Music 

4:00-5:00 pm
Family and
Friends
Meeting

Thursday 21st

10:30 –
Quiz with
Dot



2:30 –
Nic & Gabi

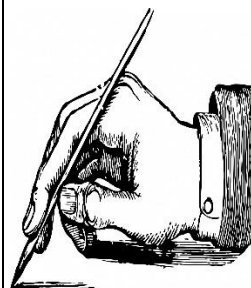


Mindfulness
colouring



Friday 22nd

10:30 –
Painting
and
Colouring



2:30 –
Film
Friday

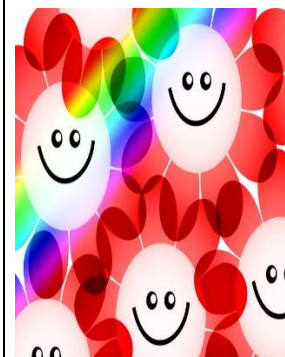


Saturday 23rd

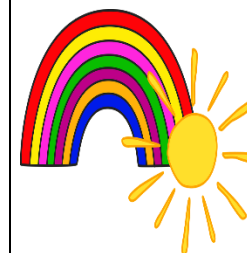
10:30 –
Quiz with
Dot



Enjoy your
afternoon



Gabi in
Sunday 24th



Activities
with Gabi!



2:15 –
John
Spinner
Musician

