



Staff Quarterly Newsletter

ISSUE 1

Spring 2023

Inside this issue:

* Cost Cutting	1
* Covid Challenges	1
* Birthday Celebrations	1
* Staff News	2
* Money Saving Ideas	2

Special points of interest:

- Team work during Covid!
- Discount Cards

Sibbertoft Manor Nursing Home

3 Church Street

Sibbertoft

Market Harborough

LE16 9UA

Telephone: 01858 881 304

Email: office@sibbertoftmanor.com

Skype: SibbertoftManor1

www.sibbertoftmanor.com

“Spring is the fountain of love for thirsty winter” - Munia Khan

Welcome to the first issue of our Sibbertoft staff quarterly newsletter. This publication is designed to inform, inspire and celebrate staff life here at the Manor.

As we all recognise, the cost of living rises have affected us all in our own personal lives and also here at work. We would like to start by thanking you all for the cost efficiency savings you have been asked to implement including reducing expenses for activities, switching lights off when not needed and reorganising laundry shifts to ensure energy is being used at the most efficient times. All of your actions contribute to a more environmentally friendly and cost efficient running of the home and enable the business to support the recent pay rises that have been given to all staff members. We ask that you continue this focus as costs are still rising and vacant rooms mean more pressure on total running expenses.

Our recent Covid outbreak was a test for all of us and it highlighted the commitment and flexibility of the staff community that work here. People were asked to step up for extra

shifts and cover less familiar roles in order to maintain the smooth running and high standards expected within the home. Everyone worked as a team and the standard of care provided did not waver. It was not necessary to bring in agency staff to cover gaps as you all pulled together and maintained focus on our person-centred approach. Well done and thank you all.

Each role within our home is integral to the effective running of day to day life here. A recent report from a staff member regarding a resident's carpet that had become worn resulted in swift action and a new carpet being laid. You are the eyes and the ears within our community and we thank you for your reports and observations that ensure minor and major issues can be addressed promptly. The information that you pass on is invaluable to support and maintain our high standards.

We have recently put some thought into the celebration of staff birthdays as sharing the cakes provided can be very shift dependent. Instead, it has been decided to give a

more focused congratulations to each staff member by providing an Amazon gift card. This is a more personal way of congratulating each person and goes a little way to recognise and thank them for all their hard work. If anyone needs support to access their voucher please do not hesitate to ask.

We are proud to be a workplace that celebrates a diversity of people, language and culture and we are always looking for ways to support members of our community. Extra provisions include the availability of English lessons within the working day and the opportunity for staff housing. A further property for this purpose has recently been purchased which will enable more staff to live locally and ease their travel costs to and from work.

Each year, we invite staff members and their families to a number of organised events within the home. We will keep you informed of these opportunities through email and posters. We look forward to sharing these less formal times together and it provides another way of thanking you for all your hard work.

Staff Quarterly Newsletter

Sibbertoft Staff News



We would first like to congratulate Amber on achieving her care certificate. She is a welcome addition to our already strong care team and is now undertaking further training to become a senior carer. We wish her every success in her new roles.

To support our care team further, we are looking forward to welcoming three new members of staff that will be arriving under the sponsorship scheme. The new staff are already fully trained carers in their own country and, on arrival with us, will complete their UK care certificate qualification. I am sure that our Sibbertoft staff will, as ever, be supportive and understanding as they settle into their new country.

For a few years now, we have been unable to obtain a disabled parking badge for our Sibbertoft Mini Bus. This has made life extremely difficult for those attending hospital appointments and social events as walking long distances can be challenging. Thanks to Paul, his research, hard work and perseverance, we now have this parking permit that will benefit all of our travelling residents. Thank you, Paul, for making all our lives easier!



We are pleased to announce that we have achieved 100% compliance for training. Thanks to Karen and Tammy for their fantastic workshops and support with our mandatory learning modules and to everyone for their time and effort to further personal professional development. Well done!



Every Little Helps!

We are always looking for ways to save money and make what we do have go that little bit further. We would like to make sure that you are aware of your eligibility to apply for a **BLUE LIGHT CARD**. This card offers NHS and care staff workers thousands of amazing discounts online and on the high street. For just £4.99, members of the Blue Light community can register for 2-years access to more than 15,000 discounts from large national retailers to local businesses across categories such as holidays, cars, days out, fashion, gifts, insurance, phones, and many more. It is simple to apply on line and when you present your card to our office staff, you will be refunded the £4.99 application charge. Click in the link: [Welcome to Blue Light Card](#) or search www.bluelightcard.co.uk for more information.

We would also like to inform you of another way to save money at 'The Company Shop'. Company Shop members enjoy a unique way of shopping, offering them surplus products from well-known brands at amazing prices, helping stretched budgets go further. Membership is free and can be done on line. Membership itself will be activated on your first visit to a Company Shop. Our nearest branch is in Corby. To find out more or apply for membership, follow the link:

[New Application | Company Shop Group](#) or search www.companyshopgroup.co.uk.



If anyone needs any help or support with applying for either of these money saving opportunities please ask the activities staff or the office and they will be pleased to assist.

Air Ambulance Donation Bank

We are excited to announce the planned arrival of an Air Ambulance recycling clothing bank here at Sibbertoft Manor. The Air Ambulance Service operates the national Children's Air Ambulance and the local air ambulance services for Warwickshire, Northamptonshire, Derbyshire, Leicestershire and Rutland. This charity provides lifesaving care and can be on the ground within minutes at road traffic collisions, sports events and industrial accidents and for medical emergencies such as cardiac arrest, strokes or accidents in the home. We feel that our setting will be the perfect place for residents, families and staff to donate quality clothing items to support this tremendous cause.



Final Thoughts...

We strive to keep our staff members involved and supported and are always looking for ways to achieve this. We would like to introduce some group team building opportunities and welcome any suggestions. Please speak to Karen or Tammy if you have any ideas. Paula will be returning to the floor to provide more support for staff each day. Her focus will be to drive up standards in documentation, record keeping and clinical practice throughout the home. We welcome this and know what a positive impact she will have. Our next **Staff Meeting** is planned for **29th June at 6:30pm**. A zoom option will be available and we hope you are all able to attend to share your valued contributions.