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Quarterly Newsletter

“Spring is the time of the year when it is summer in the sun and winter in the shade” – **Charles Dickens**

The end of January found us saying goodbye to Trisha and wishing her a wonderful retirement after 22 years of tireless contributions and commitment to Sibbertoft Manor. Although we are all sad to see Tricia leave, we are delighted that she will now have time to relax and enjoy her writing. She has had her first two books accepted by a publishing company and they have expressed interest in her third – we will let you know once they have been published as I am sure you will all want a signed copy.



Our retirement gift to Tricia was a beautifully carved Scrabble set, as she loves to play with her sister. Staff also gave Tricia vouchers for garden centres so she can purchase her own plants and enjoy seeing them flourish in the garden, she will now have the time to attend.

Gayle and Paula are settling in well to Sibbertoft Manor and bring with them a wealth of experience and new initiatives.

Together they manage the home well and are implementing many new and exciting changes. One of these new changes is our computerised care system. We have a bank of new hand-held devices which allow care notes and information to be input in real time. All staff have been shown the new system and devices. All who have seen it have re-acted very favourably and have provided much positive feedback. The new Mobile Care Monitoring system is the first fully mobile “evidence of care” allowing us to show care on a daily basis in real time.

It is easier to use than our current system and will save us time with care note writing as it uses easy symbols and pictures to depict care notes. The system

has started to be implemented in a small section of the home and should benefit both staff and residents. It has a facility whereby we can share aspects of care regarding residents with relatives and we can also share information regarding activities. Once the system is fully implemented, we will share these features with relatives/representatives.



Quarterly Newsletter

It seems to be the season for retirement as our cook, Sandra Plumb, is also due to retire at the end of March after more than 15 years at Sibbertoft. She will continue to assist us on a part time basis but has been replaced by Ian Carroll, who will commence work in April. Ian will be assisted in the day to day running of the kitchen by Cal O' Shea .



Further Changes within the home, Mary Powell, our wonderful Administrator left us at the end of February. She has retired and is moving to Scotland. Mary will be missed. Her replacement Ryan Palmer is proving himself to be a asset . He is an extremely valuable member of our team here at Sibbertoft Manor.



The Kitchen Team



Sandra Plumb

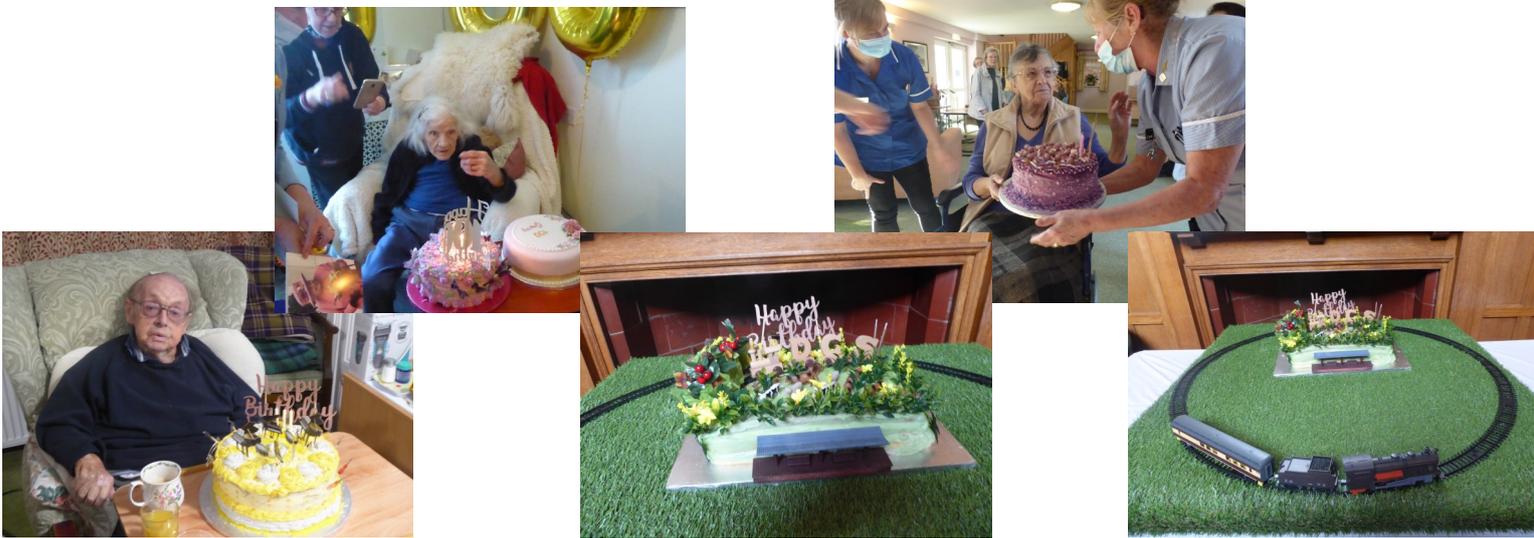


Ian Carroll



Cal O'Shea

BIRTHDAYS -Cal O'Shea has made some amazing cakes for residents over the past couple of months and a fabulous retirement cake for Tricia. Her artistic talent is wonderful and her cakes taste amazing. Erna Ward had her 100th Birthday in January and greatly enjoyed her cake! Other cakes have depicted residents likes, interests and hobbies. Thank you Cal.



Upcoming birthdays we have to look forward to during Spring are Liesolotte (Lottie) Von Schweitzer, John Hawksley, Jackie Abbott, Barbara Brown, Marguerte (Rita) Muddimer, Gwendoline Swinden, Mary Freer, John Wright, Norma Garment, Rosina Lanni, Colette Moss, Norma Guy.

Vaccinations and Visiting - We all had our second vaccination on 27th March 2021. As you are all aware, we have been open to visitors, allowing one representative from each family, since 6th March. We hope to relax our visiting policy now we are all vaccinated and will decide on this after Easter. It is still our aim to open to all visitors with no restrictions by mid-June.





Finally, our Activities Co-ordinator has also taken early retirement. We say a sad farewell to Kate. We have a lady called Jules who is now running activities. Jules, has some wonderful ideas, some of which you can see on our website or on Facebook. Jules will be creating a large activities programme for residents over the coming months and is really looking forward to the warmer weather so we can enjoy the facilities accessible to us outside.

Church Services and Holy Communion:

Our first Holy Communion will take place on 7th April 2021 at 11am at Sibbertoft Manor. Miranda, our Vicar from St Helens Church, will be joined by Kairen Ball, who many of you already know from church services. Kairen has continued to connect many of our residents with the church by holding a monthly zoom service, throughout the pandemic. Both Miranda and Kairen will be tested before entering the home and will wear PPE protection.

It is wonderful that we can resume Holy Communion and we look forward to welcoming them both as our first guests since the beginning of the pandemic. We will also resume

our Church Service at St Helens Church. This will take place on the 3rd Wednesday of every month. We also intend to invite ministers and priests from other denominations to start visiting the home again for services and Holy Communion.



Activities

Each week we have an Armchair Exercise Class with Alex. Other activities include cooking classes, gardening club, flower arranging,, games sessions, arts and crafts sessions, knitting circle, musical sessions and our OMNI machine for sensory play. These sessions alter from week to week, but we now produce a weekly list of activities. The lists are displayed on our notice boards in the main home and garden wing. Please ask carers and housekeepers to let you know the activities of the day or ask for a copy of the weekly activities' rota if you would like a copy. Activities will be themed around the calendar and special events. We have recently conducted a survey of residents; asking which activities they would most like to see on the activities calendar and hope that over the coming weeks you enjoy those we have planned – we have taken into consideration your valuable comments and suggestions. We also hope that in the not-too-distant future we will be able to invite some of our incredibly talented musicians and vocalists back into the home to perform for us again.

On Easter Sunday we plan to have an Easter Egg Hunt, within the home for both residents and staff. It should be great fun and I hope many of you will participate. We will also be making Easter Cup Cakes over the Easter period so don't miss out on this activity.



Coffee/Tuck Shop- Over the next couple of weeks, we will be renovating our 'Covid Shed' and turning it into a Coffee/Tuck shop. 'The Shed' played a big part in our 'pandemic problem solving' last year. It acted as a makeshift staff room for the staff who formed our covid team, during the outbreak of the virus we suffered last March. Many of you used it as a meeting room to enable you to see friends and relatives before our Garden Retreat was built and our Garden Wing Conservatory was converted into a Visitors Centre. It therefore felt wrong to put it back in the corner of the garden to be forgotten and not applauded for the part it played in our successful management of covid restrictions. We have decided to decorate the 'shed' and offer tea, coffee and cakes to visitors and residents. Items of stationery and toiletries will also be available to purchase. There will be minimal charges for these items and all proceeds will be donated to St Helens Church.



Sibbertoft Staff News



Big Welcomes to Sibbertoft Manor

A warm welcome to; Nikki Goddard, Erin Key, Lorraine Morson and Megan Rowland as our new Housekeepers. Hollie Jaffer, Charlotte Oakley and Lucy Nuttall join us as Carers. Megan is currently working as a concierge greeting relatives and representatives of residents, and also working as a Beautician in our recently opened Salon.



Congratulations to Paul Cucuiet, Jenny Johnson, Nanae Ogi and Wendy Smith, who have all completed their Care Certificate. Also to Sarah Shatford who has obtained her NVQ3 Qualification. Cal O'Shea who has obtained her NVQ Level4



Improvements to the Home

In the coming weeks we will be having new carpet fitted in the main entrance hall and corridor of the main home. The carpet has become rather threadbare in places and needs to be renewed.

New blinds will be fitted in the upstairs sitting room and quiet sitting room down stairs, within the main home, to give protection when the sun rays stream through these 2 large bay windows at the front of the building.

Garden Retreat:

By mid-June we hope a kitchen and toilet will be fully operational in the Garden Retreat. This room will be used as a training centre for staff. Outside training times, the Garden Retreat will be available to book as a visitor's room for birthday parties, buffet lunches and family gatherings. If you have a special day coming up in June/July and want to book the room, please let the office know. We will also be encouraging staff to use the room for team building events such as coffee mornings, afternoon teas and cheese and wine evenings. Any other suggestions on how we could use this new facility would be welcomed.

Thank You

We are not through this pandemic yet, but I am extremely optimistic for the first time in a year that we may now have this terrible virus beaten and will be able to go back to socialising normally one day soon. The pandemic has reconfirmed our need to have our loved ones close and how important family is

to all of us. I thank you all for your understanding over the past year, and for your forbearance and remarkable stoicism. You are all amazing people and many of the team feel extremely privileged to share their time with you.

Quarterly Charity

Last Quarter we supported Silverline – the only 24/7 call helpline for the elderly which supports people who are lonely and in need of company. We have not been able to hold a raffle because of covid restrictions but the company will donate £250 to this worthwhile charity.



Our charity this Quarter is Comic

Relief. Red Nose Day was Friday 19th March, 2021. One of the focuses of this year's campaign was people suffering from mental health issues. Many have struggled during the pandemic and many children have been affected deeply by the segregation from school friends and the loss of education. I think this is a great cause for us to support and hope you



will join us in our efforts to raise money for this charity by participating in the raffle we have planned for June 2021.