

Quarterly Newsletter



ISSUE 38

WINTER 2021

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Special points of interest:

- Beauty Salon Re-opens
- Christmas at Sibbertoft
- January Activities

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HAPPY NEW YEAR



Christmas was a little different for many of us this year. Unable to see our families and friends and with Covid running rampant amongst the general population. I am always astounded by your



stoicism and ability to make the best of a bad situation. I admire you all enormously and hope that I can cope with life with as much dignity and fortitude as you do in my later life. Thank you to all of you for your support and understanding throughout 2020. We aim to get the Covid vaccine for all staff and residents as quickly as possible. Once everyone is inoculated, we will be able to open our doors to visitors and enjoy the company of our family and friends again.

Christmas Day

Cal did a fantastic job on Christmas Day, cooking a meal for everyone and decorating the dining tables beautifully.

Father Christmas did an amazing job delivering stockings and presents to everyone.



The atmosphere within the home was convivial – Barbara Brown's favourite cracker joke was 'Why did Santa's helper go to see the doctor?' – 'Because he had 'elf' issues'.

Many residents received Memory Books containing photos of their earlier lives. These



were made possible by relatives who supplied us with all the wonderful photographs. Ryan's IT skills allowed him to produce professional high quality photographic albums with captions which will allow all our care staff to share treasured moments and memories with residents going forward.

Tricia's Retirement

Tricia is due to retire at the end of January. Tricia has been the backbone of the nursing home for the past 22 years. We will all miss her enormously, but she will remain on the staff as a training provider and will also work as a bank nurse – covering holidays and sickness. We will have a big party to celebrate Tricia's retirement when Covid restrictions permit but, in the meantime, we send her our thanks for the commitment she has shown to the nursing home. Her support of residents and staff has been incredible, and I can personally say that I could not have wished for a better 'right hand' over the past 22 years. I will miss Tricia terribly but am confident we have found two extremely capable, experienced, and professional people in Gayle and Paula, who will continue to run Sibbertoft Manor with the same ethos and standards that we have had for the past 22 years.



Date	Morning		Afternoon	
Friday 1st			What's in the Papers 2.15 pm	
Saturday 2nd	Quiz with Dot (ML) 10.30 am		Poetry with Dot 3.00 pm (ML)	
Sunday 3rd			Activities with Jules, 2.15 pm	
Monday 4th	Arts & Crafts, Kate (GW) 10.30 am		Movie Monday, 2.15 (TL)	Activities with Jules, 2.15 pm
Tuesday 5th	Kate, 10.30 am			
Wednesday 6th	Exercise with Alex, 10.30 am (ML)		Activities with Jules, 2.15 pm	
Thursday 7th	Quiz with Dot (ML) 10.30 am	Kate, 10.30 am	Poetry with Dot 3.00 pm (ML)	Activities with Jules, 2.15 pm
Friday 8 th			What's in the Papers 2.15 pm	
Saturday 9th	Quiz with Dot (ML) 10.30 am		Poetry with Dot 3.00 pm (ML)	
Sunday 10th	Social Time with Kate 9.30 am			
Monday 11th	Arts & Crafts, Kate (GW) 10.30 am		Movie Monday, 2.15 (TL)	
Tuesday 12th	Kate, 10.30 am	Exercise with Alex, 10.30 am (ML)	Activities with Jules, 2.15 pm	
Wednesday 13 th	Kate, 10.30 am			
Thursday 14 th	Quiz with Dot (ML) 10.30 am		Poetry with Dot 3.00 pm (ML)	Activities with Jules, 2.15 pm
Friday 15 th			Activities with Jules, 2.15 pm	What's in the Papers 2.15 pm
Saturday 16 th	Quiz with Dot (ML) 10.30 am		Poetry with Dot 3.00 pm (ML)	
Sunday 17 th				
Monday 18 th	Arts & Crafts, Kate (GW) 10.30 am		Movie Monday, 2.15 (TL)	
Tuesday 19 th	Kate, 10.30 am			
Wednesday 20 th	Kate, 10.30 am	Exercise with Alex, 10.30 am (ML)	Activities with Jules, 2.15 pm	
Thursday 21 st	Quiz with Dot (ML) 10.30 am		Poetry with Dot 3.00 pm (ML)	
Friday 22 nd			Activities with Jules, 2.15 pm	What's in the Papers 2.15 pm
Saturday 23 rd	Quiz with Dot (ML) 10.30 am		Poetry with Dot 3.00 pm (ML)	
Sunday 24 th	Social Time with Kate 9.30 am			
Monday 25 th	Arts & Crafts, Kate (GW) 10.30 am	Activities with Jules 10.30 am	Movie Monday, 2.15 (TL)	Activities with Jules 2.15 pm
Tuesday 26 th	Kate, 10.30 am			
Wednesday 27 th	Kate, 10.30 am and Zoom Church Service 11.00am			
Thursday 28 th	Quiz with Dot (ML) 10.30 am	Kate, 10.30 am	Poetry with Dot 3.00 pm (ML)	Sibbertoft Panto – Cinderella (All)
Friday 29 th	Exercise with Alex, 10.30 am (ML)		What's in the Papers 2.15 pm	
Saturday 30 th	Quiz with Dot (ML) 10.30 am		Poetry with Dot 3.00 pm (ML)	
Sunday 31st				

Entertainment

Celebrating Christmas at Sibbertoft Manor

Christmas this year has been very strange for all of us and no more stranger for our residents at Sibbertoft Manor.



We have made every effort to make it as special as we possibly could, as we knew



that relatives wouldn't be able to visit and we couldn't have entertainment in the Home.



We had sherry and mince pies, whilst putting up the Christmas tree; we all



came together for the Nativity for Carols & Readings and then we were treated to Carols from St Helens; it must have been very cold for them! The children from Welford Sibbertoft & Sulby Endowed School made cards for all our resi-

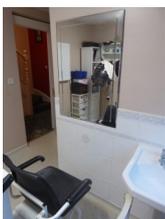


dents; that was a wonderful surprise.



Beauty Salon

We have two Carers who will be responsible for getting our hairdressing salon up and running. We intend to give residents the opportunity to attend the salon on a regular basis for their hairdressing needs. We also have starting shortly at Sibbertoft Manor a young lady who, as well as her role as Housekeeper, will offer beauty treatments to residents once a week – hand massage, manicures, and pedicures etc. as she is has just finished her Training at College.



Photos from our activity events

Sibbertoft 'Bake off', October



Making Hedgehogs, October



Making Pumpkins, November



Xmas Wall Decorations, Dec.



Carols, Mince Pies, December

Sibbertoft Staff News

We wish a warm welcome to our new colleagues; Nanae Ogi and Jenny Johnson who have joined us as Care Assistants. We would also like to offer a belated welcome to Barbara Benjamin, a Registered Nurse who joined us here at Sibbertoft Manor back in July. Very remiss of us.....!



Gayle Palmer also joined us in October as the Registered Manager and we welcomed Ryan Palmer before Christmas who will replace Mary Powell in the office as the Sibbertoft Administrator at the end of February. Mary Powell is taking early retirement and relocating to another part of the UK.

At the start of January 2021, we were also joined by Paula Nuttall as a Deputy Manager in the Front Office.

Quarterly Charity

Last quarter we sponsored Charity 'Medical Detection Dogs' for the sum of £250.00. It is still our intention to ask a speaker from this Charity to come and give a talk on the very worthwhile and interesting work when the pandemic is quite over.



This quarter we will sponsor the Charity 'The Silverline' for the sum of £250.00.

This is the only Charity which operates a confidential, free helpline for older people across the UK that's open 24 hours a day, seven days a week, 365 days of the year. Offering: conversation and friendship, provide information and advice, link callers to local groups and services, refer people on to receive regular friendship calls, protect and support older people who are suffering abuse and neglect.



Dates for your Calendar—Upcoming residents'

January Birthdays...

Dorothy Baden Fuller and
 Pamela Henderson on the 9th
 Betty Townsend on the 16th
 Lisa Tatton and Jean Burgess
 on the 17th
 Maureen Druce on the 20th
 Erna Ward on the 25th
 Guy Callow on the
 26th



February Birthdays...

Kathleen Tofrik on
 the 11th
 Avis Schofield on
 the 12th
 Irene Chantry on
 the 25th



March Birthdays...

Doreen Clinton-Smith on the 30th

