



*Person centred care to suit your  
lifestyle and healthcare needs*

[www.sibbertoftmanor.com](http://www.sibbertoftmanor.com)





# *Peace and quiet*

Bordered by Leicestershire, Cambridge, Bedfordshire and Warwickshire, the county of Northamptonshire is a mix of busy market towns, picturesque villages, Saxon churches and spectacular rural architecture.

Six miles from Market Harborough, resting between gentle rolling hills in the heart of some of England's most beautiful countryside, lies the sleepy village of Sibbertoft.

Steeped in history, Sibbertoft is certainly not a place without interest or beauty.

They say you can tell a lot about a village by its gardens. The gardens of Sibbertoft denote a very caring community. This tradition of caring is something we take great pride in maintaining.

# *Peace of mind*

Sibbertoft Manor is the very private home of forty residents.

Of our caring team of 75 dedicated staff; 15 are First Level Qualified Nurses, either Registered General Nurses (RGN), or Registered Mental Nurses (RMN), each with three years professional training and hospital experience.

Qualified nursing staff are on duty 24 hours a day, 7 days a week. Dentists, opticians and chiropodists visit the home and we have our own private weekly doctors surgery.

Care staff are plentiful and we cover busy periods of the day by employing extra staff during these times. We have a team of dedicated housekeepers so carers are not distracted by domestic duties. Care staff are on duty solely for the benefit of residents.



# Your home from home



At Sibbertoft Manor all the main rooms have windows overlooking beautifully manicured gardens, with garden tables and chairs, and gazebos where long summer days can be whiled away.

These gardens are home to several extremely rare snowdrop varieties, with one named after the Manor – developed by Lady Beatrix Stanley the then owner, during the early part of the last century.

Lady Beatrix brought many different species of plants to the gardens. Rhododendron trees give a blaze of colour in the springtime. Mature statuesque trees provide shade in the summer. Our sensory garden is a beautiful space with endless pathways full of sounds and scents that never fail to bring a smile to those visiting.

Inside, the Manor has four sitting rooms. Here you can sit back, relax and gaze over the garden and rolling fields. The Manor is not overlooked, leaving the view unspoilt. If you would rather watch something else there are televisions in three of the sitting rooms. Alternatively, if you would rather get lost in a book, our morning room - also with garden views - is the perfect corner to find solitude. This is also the perfect spot to entertain family or friends who are welcome to visit, anytime.

# *Your own space – a little dignity*

Restful, dignified, private and caring are the four words that best sum up the atmosphere at Sibbertoft Manor. Very personal, is the way we describe our bedrooms.

Each room has its own spacious fully equipped en-suite bathroom, designed specifically for the needs of residents. The bedroom is furnished to the highest standard and residents are welcome to bring their own furniture and personal belongings so they can really feel at home.

Bedrooms have telephone and television points, smoke detectors and fire alarms and an all-important call bell system is fitted in all bedrooms, bathrooms and communal rooms.

Two lifts allow easy access to all rooms and specialist equipment is in place for those with mobility issues. There are also large separate bathrooms with baths and specialist equipment, such as hoists to assist residents. A 5☆ laundry service is available at the Manor, with its own full-time staff.



# *Food glorious food – home-cooking*



Every day, the menus offer fresh fish, meat and vegetarian dishes. All meals are cooked on the premises. Soup, pastries, cakes and crumbles are all homemade. And how about a sherry before your meal?

We buy the very best produce. We happily cater for special dietary requirements. All our menus are discussed with residents to ensure everyone gets exactly what they want.

Meals are served in an elegant dining room – with table service. This allows for a little formality, adding to the enjoyment and giving a sense of occasion to dining. There's another less formal dining room upstairs.

If it's your birthday, we'll bake and decorate a cake big enough to accommodate all the residents – and friends and family – should they wish to join in the celebrations!

# *That's entertainment*

The Manor has a full-time Entertainment Co-ordinator who organises a vast array of activities, art and craft sessions, quizzes and games. We have a weekly poetry club and monthly movie club.

Visiting musicians, florists, beauty therapists and travelling theatre groups are often in attendance providing a full calendar of entertainment.

We have regular religious services within the home and St Helen's church is just across the road.

To ensure residents look their best we have our own hairdressing salon and three of our care staff are qualified hairdressers.

We have our very own chauffeured minibus (adapted to safely carry passengers in wheelchairs) for shopping outings to the nearby towns or trips to local places of interest.



*Feel free to come and visit us*

If you would like further information or would like to arrange an informal visit, please contact us:

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